

A Happiness Index and Determinants of Happiness Study

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1. How Happy Are Hong Kong People

Question:

Overall, How happy are you?

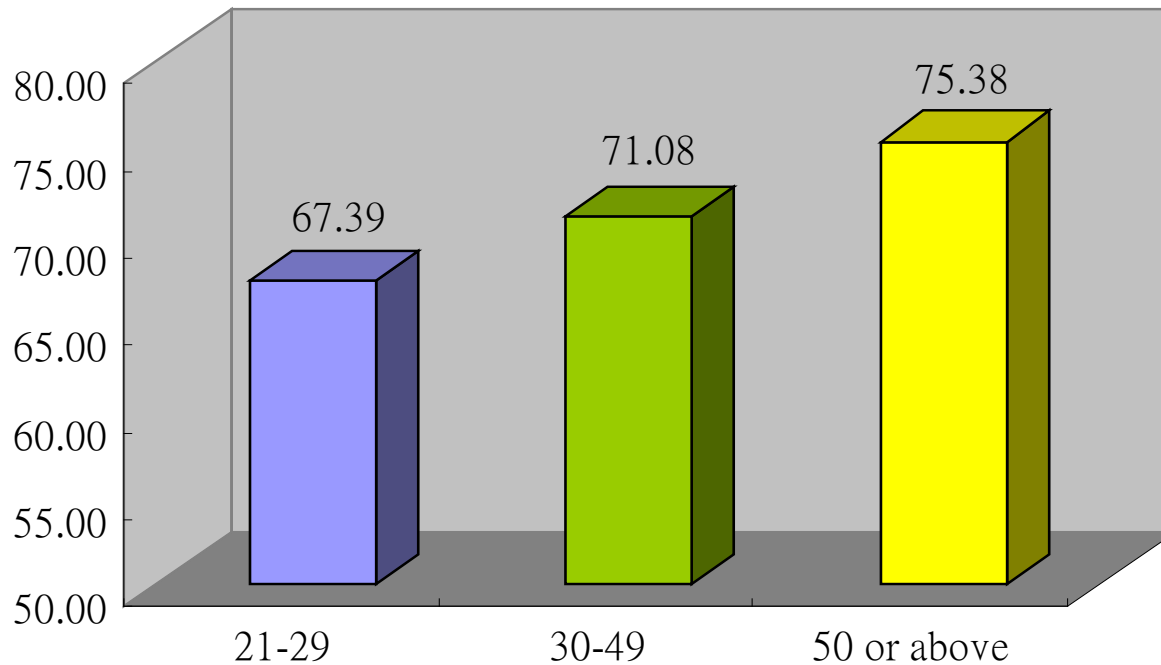
0 indicates very unhappy

100 indicates very happy



Results

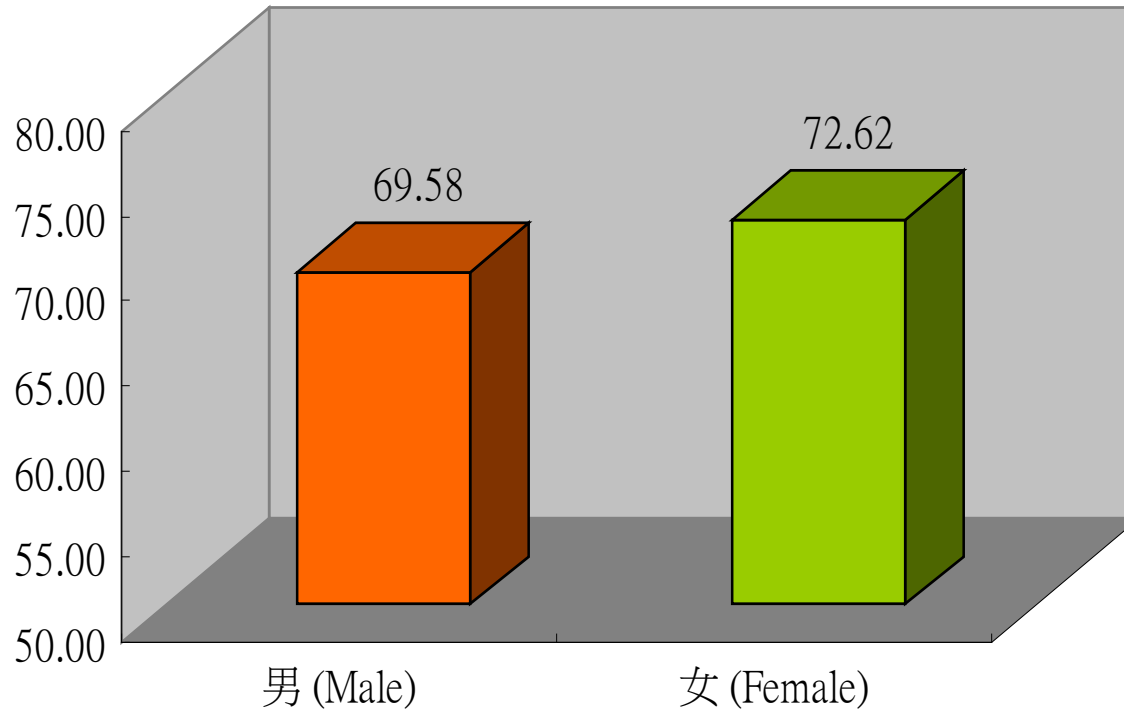
Happiness Index by Age



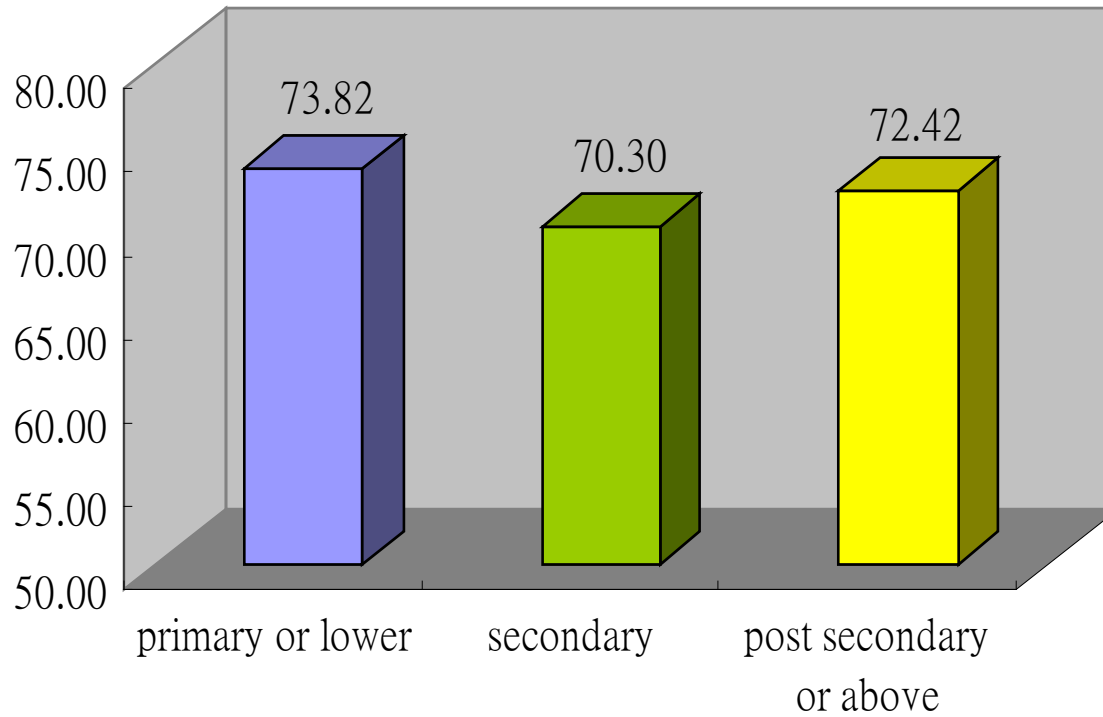
Happiness Index by Education and Age Groups

	Primary Education or below	Secondary Education	Post-secondary Education	Total
21-29	--	67.8	66.9	67.4
30-59	72.9	70.7	73.8	71.9
60 or above	74.6	73.9	85.0	76.7
Total	73.8	70.3	72.4	71.4

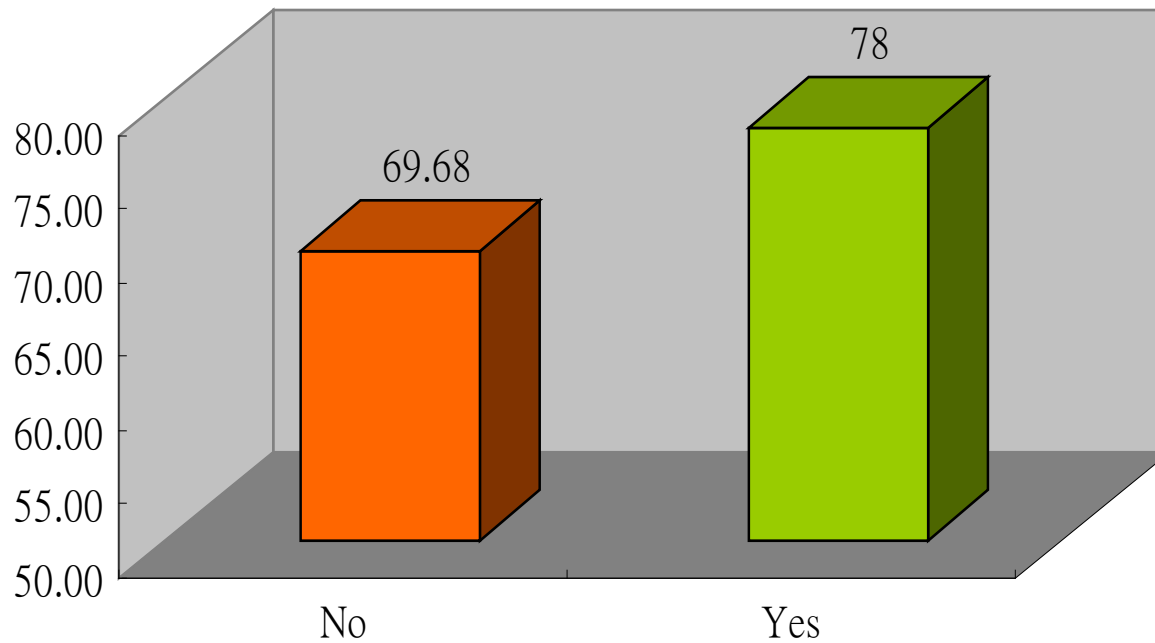
Happiness Index by Sex



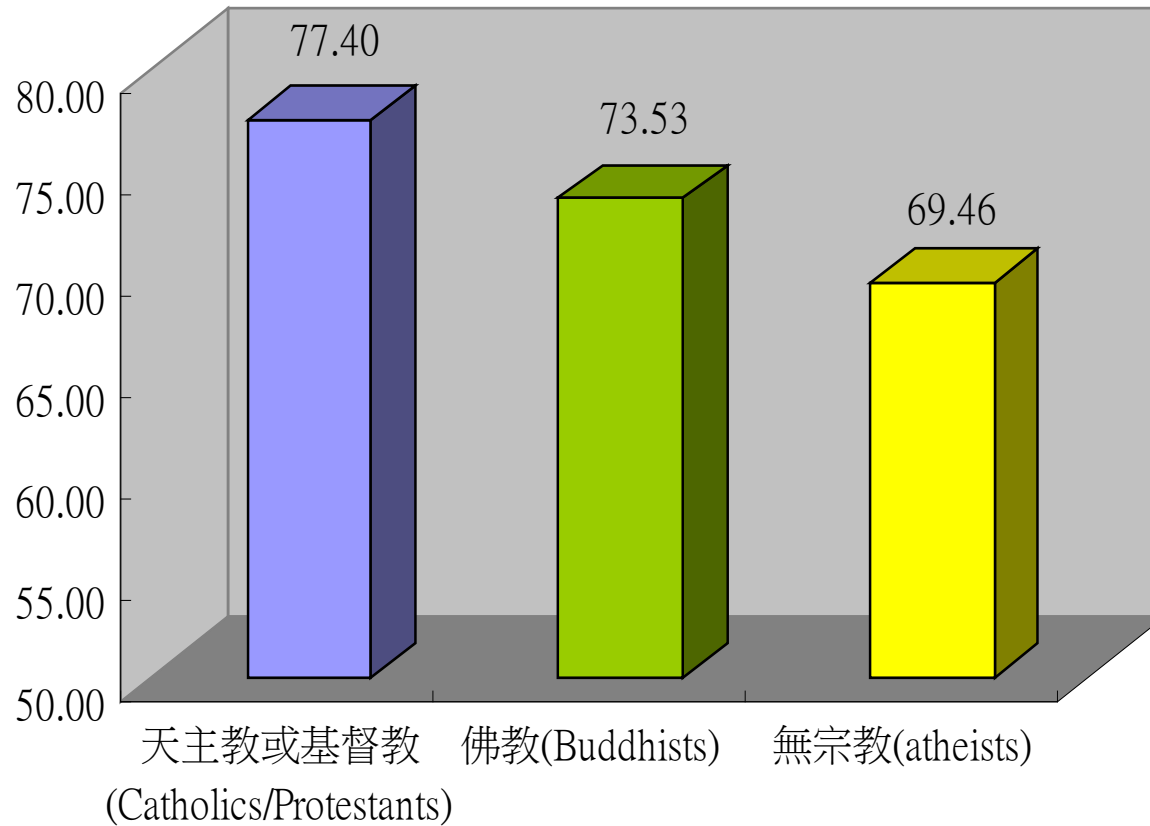
Happiness Index by Education



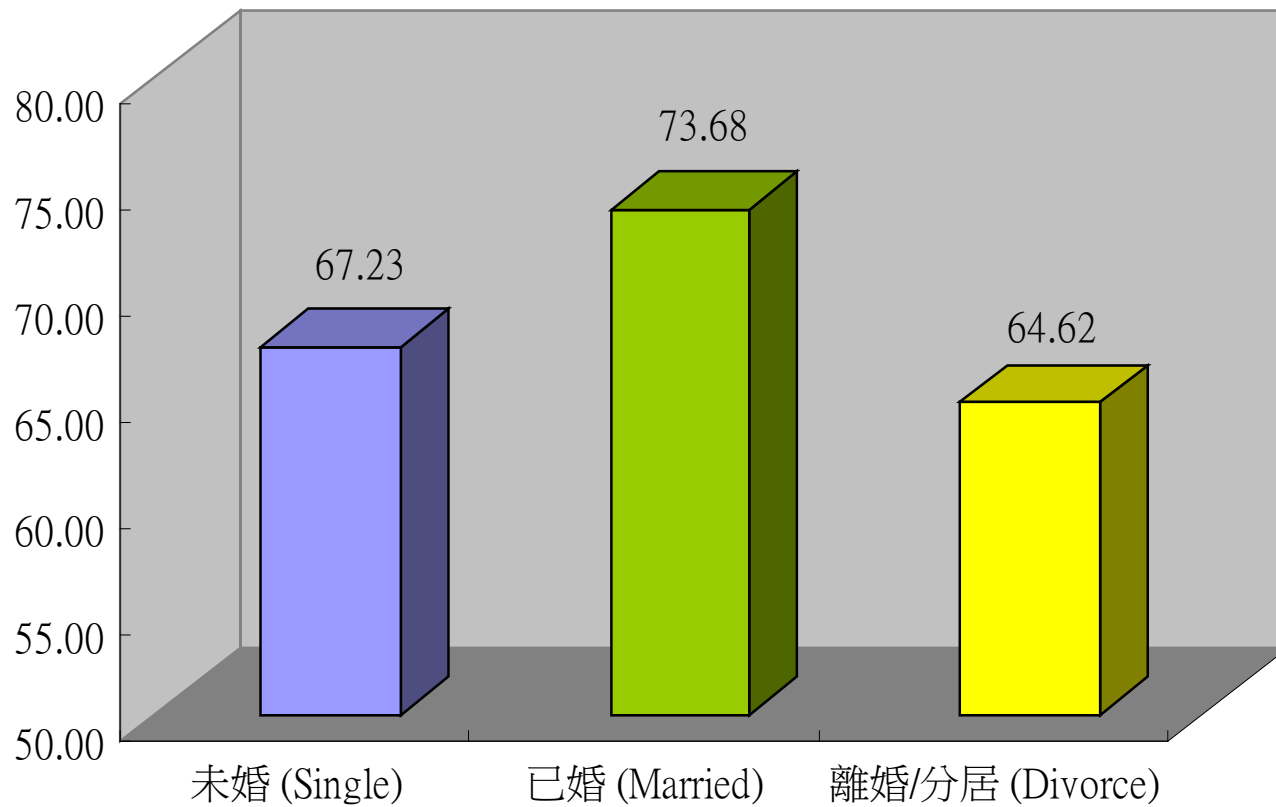
*Happiness Index by
Spiritual Practice vs No Spiritual Practice*



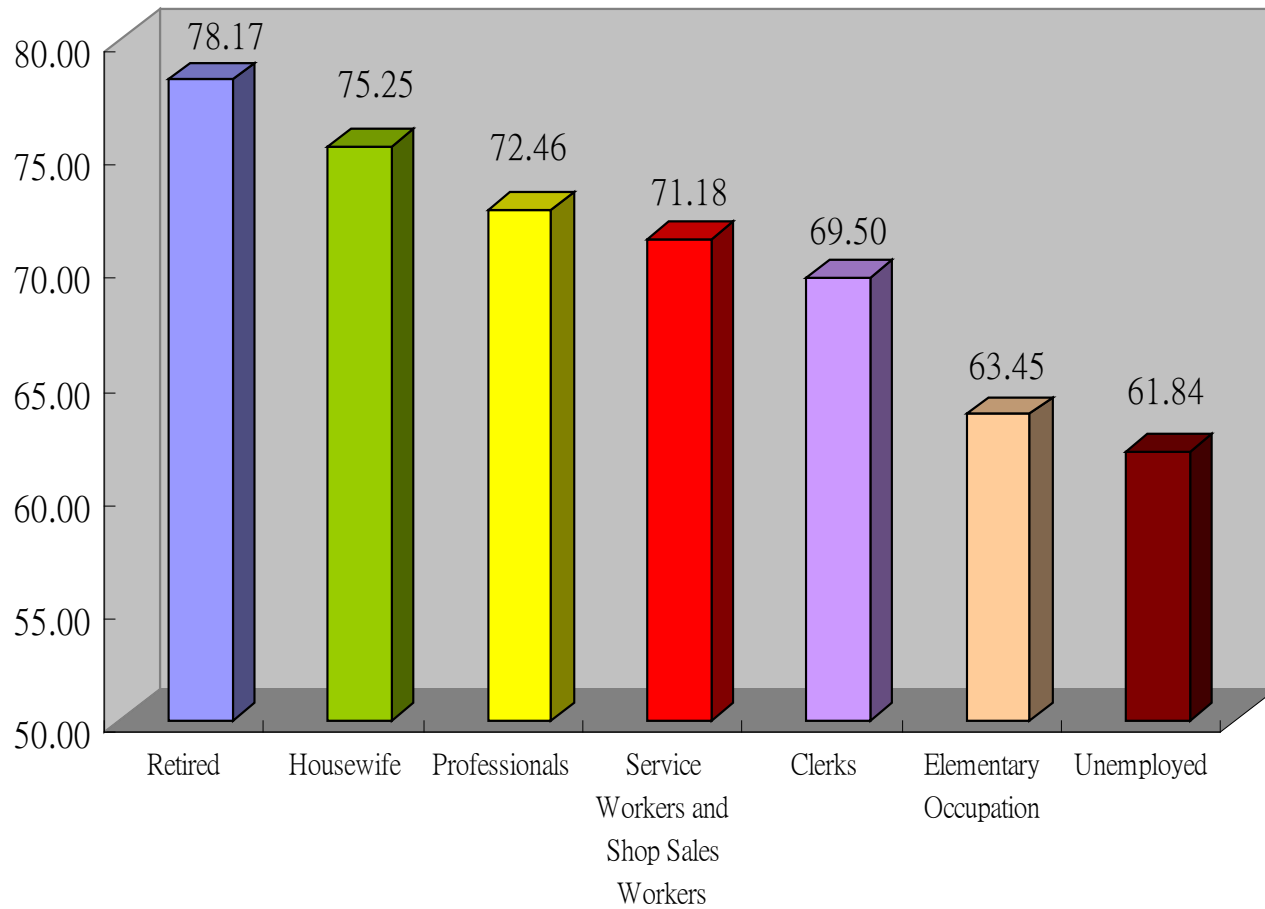
Happiness Index by Religion



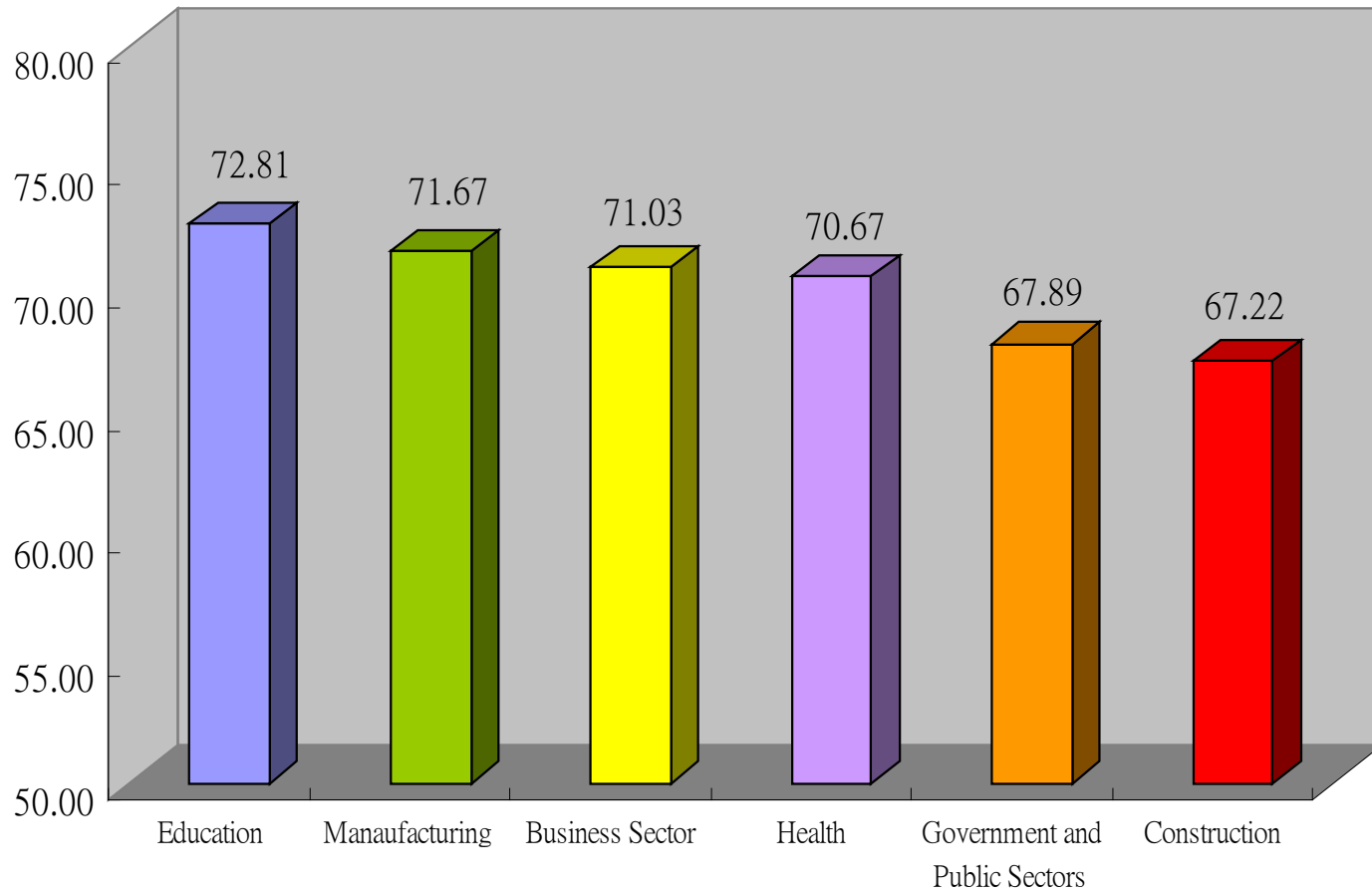
Happiness Index by Marital Status



Happiness Index by Occupation

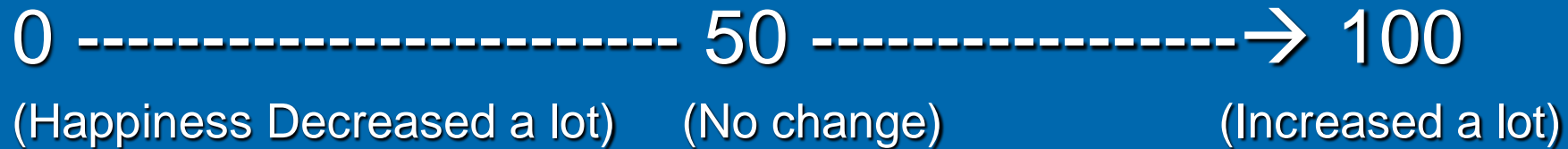


Happiness Index by Industries

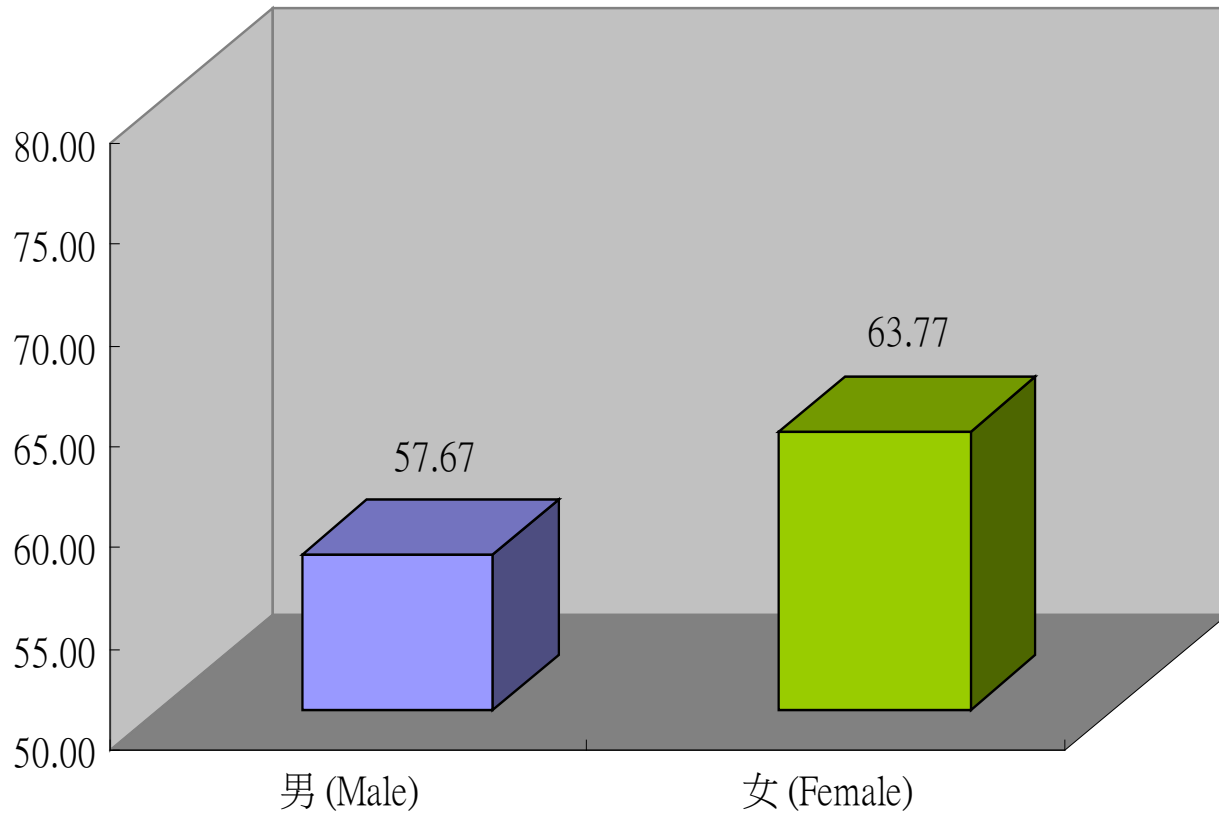


Question:

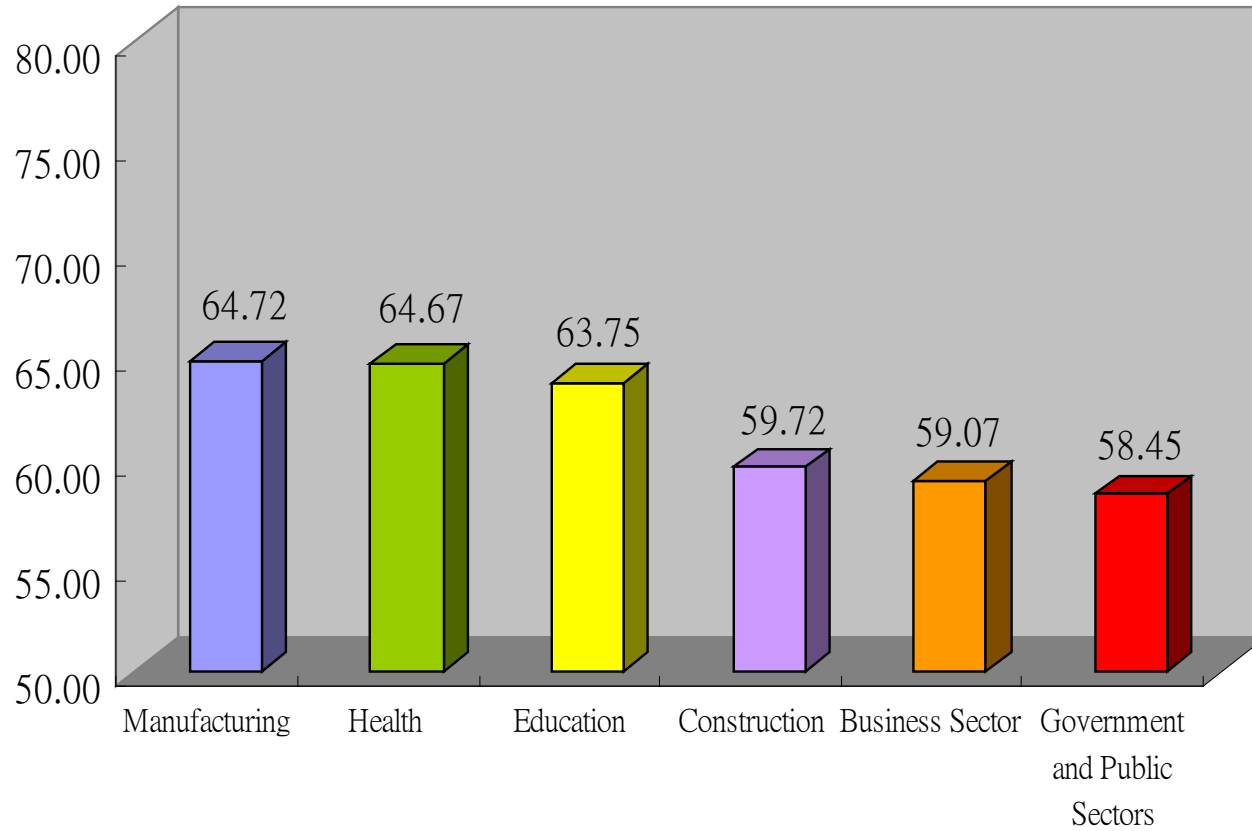
Are you happier over the last 10 years?



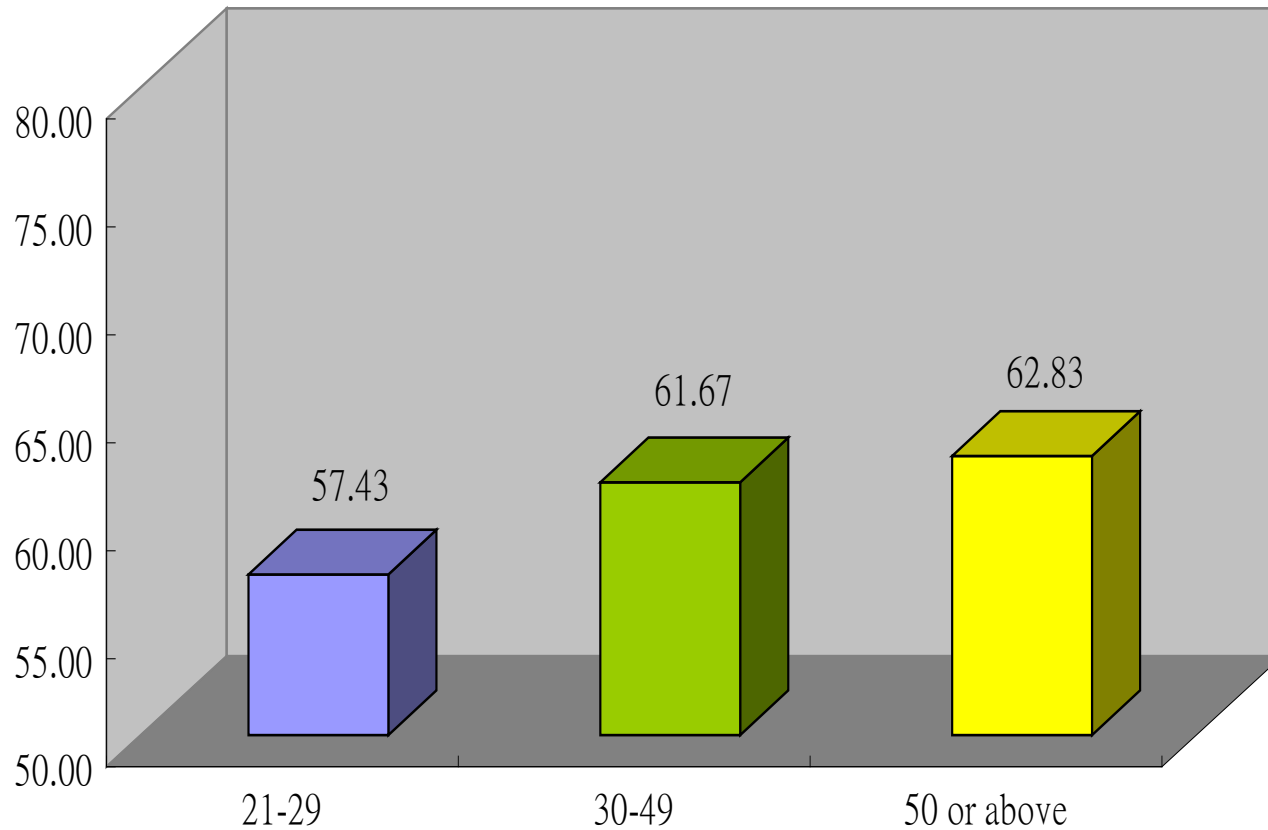
Are HK People Happier Over The Last 10 Years (by Sex)



Are HK People Happier Over The Last 10 Years (by Industries)



Are HK People Happier Over The Last 10 Years (by age)



Determinants of Happiness

Dependent Variable: Happiness Index

Independent Variables	Coefficient	Significant level
Young Age	-2.28	0.2273
Old age	4.01	0.1006*
Female	1.90	0.1488
Poor Health	-8.73	0.0009***
Poor Health X Spiritual Practice	10.80	0.0403**
Good Health	4.11	0.0019***
Spiritual Practice (Yes)	5.49	0.0009***
Married	4.65	0.0032***
Primary Education	1.14	0.6180
Tertiary Education	3.22	0.0398**
No Income	1.97	0.2744
Low Income	1.65	0.3279
High Income	0.57	0.8048

* = 10% Sig. ** =5% Sig. and *** = 1% Sig.

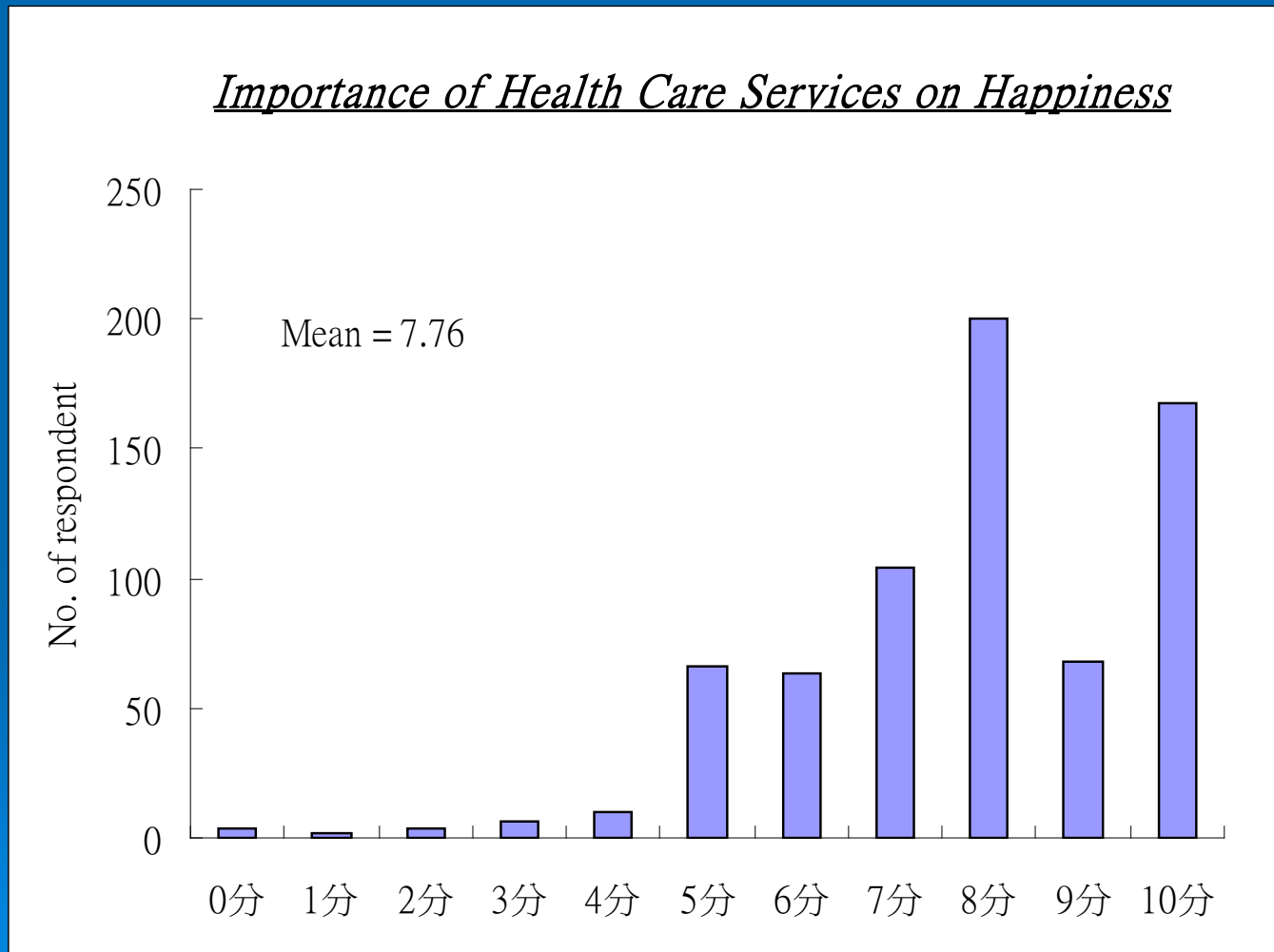
3. Determinants of Happiness

Dependent Variable: Happiness Index

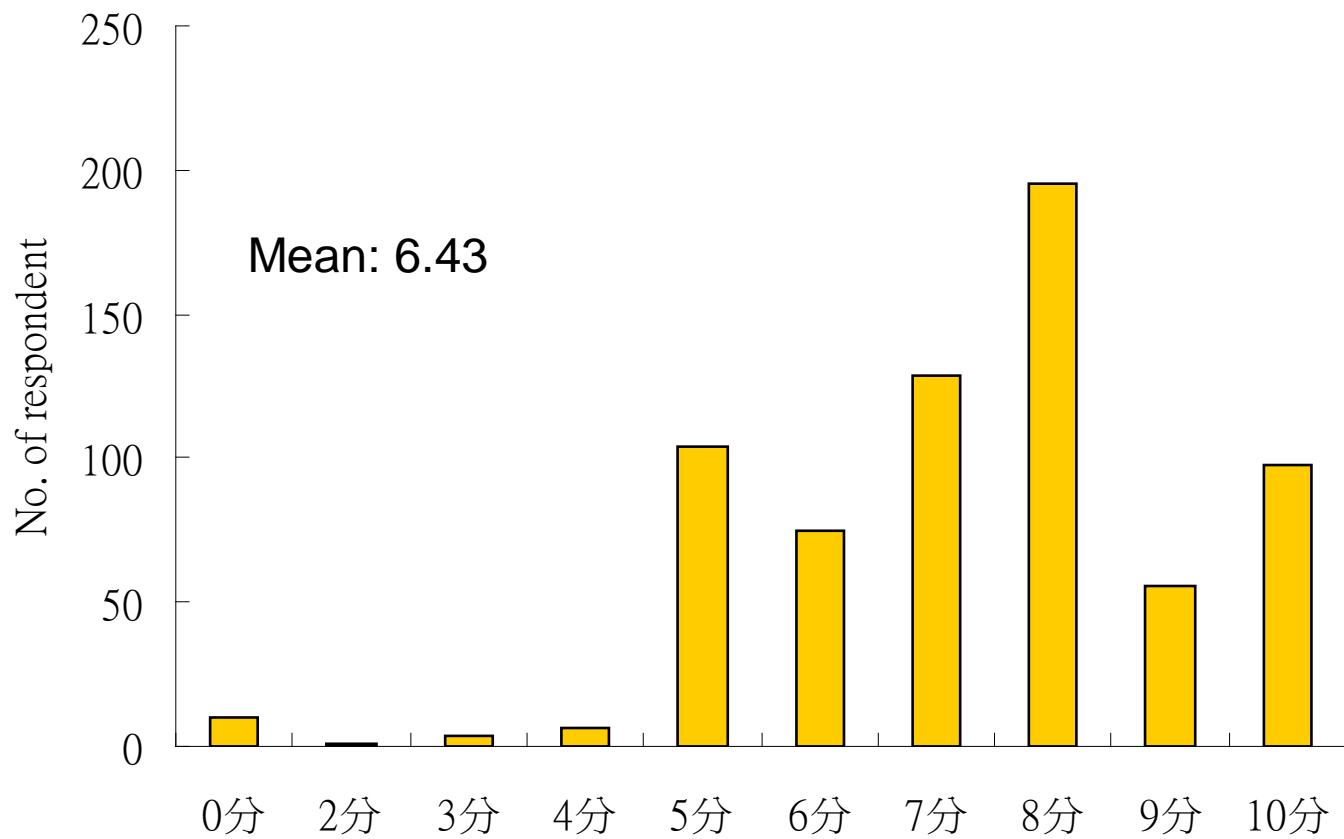
Independent Variables	Coefficient	Significant level
Importance of Money	-0.1872	0.569
Importance of Financial Stability	-0.4384	0.234
Importance of Marriage	1.1824	0.000***
Importance of Having Children	1.2879	0.000***
Importance of Harmonious Family Relations	2.0314	0.000***
Importance of Friends	0.8551	0.015**
Spiritual Practice (Yes)	6.0278	0.000***

* = 10% Sig. ** =5% Sig. and *** = 1% Sig.

4. Evaluation of Government Provided Services: Health Care Services and Education



Importance of Formal Education on Happiness



Formal Democracy cf. Civic Liberties

*Importance of Open Election of HKSAR Chief
Executive vs Civic Liberties on Happiness*

